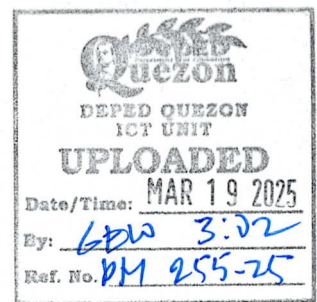




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



19 March 2025

DIVISION MEMORANDUM
DM No. 255, s. 2025

ORIENTATION AND UPSKILLING COMPETENCIES OF HEALTH PROFESSIONALS ON LEARNERS' HEALTH APPRAISAL FOR SCHOOL-BASED FEEDING PROGRAM (SBFP) BENEFICIARIES

To: Assistant Schools Division Superintendents
Division Chiefs
Section Heads
Public Schools District Supervisors
Elementary and Secondary School Heads
School Health Personnel
All Others Concerned

1. Relevant to continuous implementation of School-Based Feeding Program (SBFP) and Supplementary Feeding Program initiated through Canteen Funds and Other Stakeholders to address nutrition problem among learners and improve the overall health and academic performance of learners, this Office through the SGOD-School Health Section announces the conduct of a live-in **Orientation and Upskilling Competencies of Health Professionals on Learners' Health Appraisal for SBFP Beneficiaries** on **March 24-25, 2025 at Sevilla's Farm and Resort, Domoit Lucena City.**
2. The activity aims to:
 - equip health professionals with the skills needed to perform accurate and comprehensive health assessments, including anthropometric measurements, nutritional status evaluation, and screening for common health conditions among SBFP beneficiaries;
 - ensure consistency in health appraisal methodologies in evidence-based and standardized assessment tools and protocols;

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- train health professionals on proper collection, recording, and interpretation of health appraisal data to facilitate accurate program monitoring and evaluation.
 - train health professionals in identifying priority health issues among learners and developing tailored intervention strategies to address them.
3. Please see attached Enclosures 1 and 2 for the list of participants and Program Matrix for references.
 4. First meal shall be served on breakfast on March 24, 2025 and last meal shall be served in the afternoon for the p.m. snack on the second day of March 25, 2025.
 5. Participants are advised to bring their own stethoscope to be used for the actual demonstration during health assessment.
 6. Travel expenses of all participants relative to this activity shall be charged against SBFPSF FY 2024 subject to the usual accounting and auditing rules and regulations.
 7. Strict compliance with this Memorandum is desired.


ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent 

SHS/MTMA/03/19/2025

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Enclosure No. 1 to DM No. 255 s. 2025

List of Participants for the Orientation and Upskilling Competencies of Health Professionals on Learners' Health Appraisal for SBFP Beneficiaries

No.	Name	Position/Designation
1	Dr. Marie Antoinette A. Tesalona	Medical Officer III / Member
2	Ma. Teresita M. Abella	Nurse II/NIC/ Div. SBFP Focal
3	Krisca Anne C. Zaracena	Nurse II/ Alternate MFC Coordinator
4	Francis Rainier M. De Leon	Nurse II/ Nutritional Status
5	Maria Nerissa A. Diego	Nurse II/ Canteen/ FSCO
6	Ruffa A. Añonuevo	Nurse II / 1st Cong. MFC Coordinator
7	Nipsirc John Ian E. Hari	Nurse II/ 1st Congressional NFP Coor
8	Ma. Frances L. De Ocampo	Nurse II/ 2nd Congressional NFP Coor
9	Jackielyn Mae N. Eborá	Nurse II / 2nd MFC Coordinator
10	Laiza Rose S. Espinosa	Nurse II/ 3rd Congressional MFC Coor
11	Sarah Jean D. Almeyda	Nurse II/ 3rd Congressional NFP Coor
12	Maria Cerila S. Almonte	Nurse II/ 4th Congressional MFC Coor
13	Karen E. Danseco	Nurse II/ 4th Congressional NFP Coor
14	Nessan Ingrid L. Rapada	Nurse II
15	Chrisgil A. Crisostomo	Nurse II
16	Ana-Norwina A. Zarsadias	Nurse II
17	Jovert S. Española	Nurse II
18	Meybel C. Nantes	Nurse II
19	Marian M. Lina	Nurse II
20	Lovelía T. Cuarteron	Nurse II
21	Edmund A. Avellaneda	Nurse II
22	Jay M. Laraya	Nurse II
23	Reina Llanesa O. Solis	Nurse II
24	Lavinia R. Cueto	Nurse II
25	Perry S. Napenas	Nurse II
26	Vincent Byron M. Rama	Nurse II
27	Ma. Michelle D.L. Querubin	Nurse II
28	Dennis Fernando M. De Villa	Nurse II
29	Dominic M. Colubong	Nurse II/ GPP-ISNM
30	Ma. Theresa J. Lim	Nurse II
31	Clarissa L. Escudero	Nurse II
32	Estrella G. Lorca	Nurse II
33	Dianne Maricar L. Galang	Nurse II
34	Kharla L. Banquiles	Nurse II
35	Ma. Stacey Jerdette R. Rivera	Nurse II
36	Grant C. Lakian	Nurse II
37	Heide H. Gabriel	Nurse II

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38	Khay Zyra B. Andojar	Nurse II
39	Zyra Mae Brizuela- Corpus	Nurse II
40	Aim V. Santander	Nurse II
41	Christine Rose R. Deocales	Nurse II
42	Alfrem M. Geneblazo	Nurse II
43	Zandy D. Del Moro	Nurse II
44	Jenny Lyn V. Barrantes	Nurse II
45	Daisie L. Rebueno	Nurse II
46	Chiqui G. Serafica	Nurse II
47	Felirose E. Uy	Nurse II
48	Edna A. Noche	Nurse II
49	Marinel P. Malabonga	Nurse II
50	Kathleen Mae D. Noblefranca	Nurse II
51	Eusylida U. Carandang	Nurse II
52	Katrina Thea C. Reyes	Nurse II
53	Jocelyn C. Fontanilla	Nurse II
54	Princess Leni May M. Rejano	Nurse II
55	Genesis E. Olarte	Nurse II
56	Leah C. Barrameda	Nurse II
57	Margaret Z. Abaricia	Nurse II
58	Rodante M. De La Rosa	Nurse II
59	Klaude M. Buñag	Nurse II
60	Clarissa B. Ladignon	Nurse II
61	Cleo Duke M. Rivadulla	Nurse II
62	Kaylim F. Pinion	Nurse II
63	Vivien D. Sayat	Nurse II
64	May Ann Gail C. Candelaria	Nurse II
65	Haidee T. Mandrique	Nurse II
66	Ragem O. Portes	Nurse II
67	Charmagne R. Sales	Nurse II
68	Luisa E. Parco	Nurse II
69	Arlene M. Tudla .	COS-AS II-SBFP
70	Juanito A. Merle, Edd	SGOD Chief

SMME QAME Associate: Shara Garcia

Inspectorate Team: Noemi Ferranculo

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PROGRAM

Day 1 (March 24, 2025)

7:00-8:00 a.m.	Attendance/Registration Setting-in	Clarissa Escudero/ Karen Danseco
8:00-9:30 a.m.	Opening Program National Anthem Bagong Pilipinas Prayer DepEd Quality Policy Statement	Video Presentation
9:00-9:30 a.m.	Welcome Remarks Messages Inspirational Message	Juanito A. Merle, EDD SGOD- Chief Yenus T. Balmolina, CESE OIC-ASDS Rommel C. Bautista, CESO V Sch. Division Superintendent
9:30-9:40 a.m.	Roll-Call of Participants	Sarah Jean Almeyda Facilitator/SBFP Coor
9:40-9:50 a.m.	Energizer/Revitalizer	Ruffa A. Anonuevo Facilitator/SBFP Coor
9:50-10:00 a.m.	Nutrition Break/a.m. snack	
10:00-10:15 a.m.	Pre-test	Arlene M. Tudla-COS-AS II-SBFP
10:15-12:00 n.n.	Introduction to SBFP and Learner Health Appraisal	Ma. Teresita M. Abella NIC/Div. SBFP Focal
12:00-1:00 p.m.	Nutrition Break/Lunch	
1:00-3:00 p.m.	Key Techniques in Learner Health Assessment	Ma. Teresita M. Abella NIC/Div. SBFP Focal
3:00- 3:15 p.m.	Nutrition Break/p.m. snack	
3:15- 4:00 p.m.	Documentation and Reporting	Ma. Teresita M. Abella
4:00- 5:00 p.m.	Demonstration on Actual Physical examination and Cribiquing	Select Participants Dr. Marie Antoinette A. Tosalona
5:00- 6:00 p.m.	Dinner	

GAME link: <https://tinyurl.com/SHS-SBFP25>

Day 2 (March 25, 2025)

6:00-7:00 a.m.	Breakfast/Attendance	
7:00- 8:00 a.m.	Attendance	Clarissa Escudero Karen E. Danseco
8:00- 8:15 a.m.	Preliminaries Nationalistic Song Prayer	Video Presentation
8:15- 8:30 a.m.	Management of Learning (MOL) A-Z	Krisca Anne C. Zaracena SBFP-MFC Focal
8:30- 11:00 a.m.	Q&A Report Core Competencies On Health Appraisal	Shara Garcia Francis Rainier De Leon Nutrition Focal Person
10:00-10:15 a.m.	Nutrition Break (a.m. snack) working break	
11:00-12:00 n.n.	Data Consolidation and Reporting of Health and Nutritional Assessment Results	Ma. Teresita M. Abella/Francis Rainier De Leon/Nipsirc John Ian Hari/Ma. Frances L. De Ocampo
12:00-1:00 p.m.	Nutrition Break (Lunch)	
1:00- 3:00 p.m.	Other Matters Psychological and Mental Health Screening (HEEADSSS) Assessment for learners (Princess Leni May R. Rejano- Nurse II)	
3:00- 3:15 p.m.	Post-Test	Arlene M. Tudla
3:15-4:00 pm	Nutrition Break	
4:00- 5:00 p.m.	Closing Program / Evaluation Awarding of Certificates Closing Remarks	Marie Antoinette A. Tosalona, MID Medical Officer III

Home Sweet Home

GAME link: <https://tinyurl.com/SHS-SBFP25>

ORIENTATION AND UPSKILLING COMPETENCIES OF HEALTH PROFESSIONALS ON LEARNERS HEALTH APPRAISAL FOR SBFP BENEFICIARIES



8:00 a.m.-5:00
pm



March 24-25,
2025



Sevilla,s Farm and Resort
Domoit, Lucena City



SBFP

“ Batang Quezonian: Lulusog at Bibibo.... Sa School-Based Feeding Program Panalo”

SBFP Technical Working Group

- Marie Antoinette A. Tesalona, MD
- Ma. Teresita M. Abelle- Div. SBFP Focal Person
- Krisca Anne C. Zaracena-Div. SBFP-MFC Focal
- Arlene M. Tudla- COS-AS II-SBFP
- Clarissa Escudero
- Karen E. Danseco
- Ruffa Annonuevo
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